



# kids on the move bridges

## 2011-2012 parent university classes

### **October 5 Autism: Neuro-Science Update**

We are excited and privileged to welcome Dr. Erin Bigler, BYU professor of psychology and neuroscience. Dr. Bigler is a renowned brain researcher with expertise in autism. He will share with us the latest findings in neuroscience (brain abnormalities) in individuals with Autism. Please invite others that would be interested.

### **November 2 Individuals with Autism Panel**

You are invited for a special treat! This will be our second annual panel. Adults and older children who currently live with autism and other spectrum related disorders share their unique perspectives and insights in a panel format. Parents are able to ask questions throughout.

### **January 4 Behavior Management Skills**

Learn some behavior basics to help manage your child's behavior. Topics covered will include: reinforcement, the ABC Model (Antecedent, Behavior, and Consequence), meltdown management, and following directions.

### **February 1 Parents with Autism Panel**

Please join us for a wonderful evening. Parents of children with autism will share some of their insights and unique perspectives they have learned over the years. This is the second time this class will be offered and it should be just as helpful as last time.

### **March 7 Potty Training 101**

If toilet training has been an issue for your child or you are thinking of starting in the future, come learn some basic potty training tips and ways to make the process much easier.

### **April 4 Autism Awareness Month- Special Topic and Celebration**

This is a special night set aside as a celebration of autism and the beauty and hidden treasures associated with it. Food and treats will be available as well as the latest news in the autism world, information that is up to date and important for you and your family NOW!

### **May 2 Survival Tips for Mom- Including Navigating the Summer**

We will offer collected tips that have helped moms in the past. We want to help ease you and your family into the summer months with suggested activities and techniques to navigate this season.

**All classes are held in the Kids on the Move Upper Library from 6:30-7:30pm and are followed by the Autism Support Group from 7:30-8:30 PM. Topics are focused on children ages 2 to 6.**

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