



kids on the move

Child Development & Family Resources

happenings

May-June 2011

Are You Ready For SUMMER?

Here at Kids On The Move we are ready! Mark your calendars with our great activities. Our Annual **Current Family Pool Party** will be held at the Lindon Aquatic Center on June 18th from 9-11 a.m. Our **Day at the Farm** will be held at Thanksgiving Point on July 6th. Check-in is from 10:30-11:00 and families can stay as long as they want. We will also be having our 25th Anniversary Celebration in August. Watch for details.

Early Intervention is offering a "Community Outings" class this summer. We want to utilize some of the amazing resources we have in our community. If you want to come play with us at the aquarium, Kangaroo Zoo and Discovery Park? *Talk to your service provider!*

Our Bridges Summer Program has some great activities planned too, including:

- ◆ ABA Therapy
- ◆ Social Groups
- ◆ Adaptive Sports
- ◆ Field Trip Camps
- ◆ Preschool
- ◆ Kindermusik
- ◆ Yoga
- ◆ Sensory Fun

These classes are filling up fast, there are only a few spots left so call Laurie Bowen at 801.616.5800 today.

Bridges Offers Affordable ABA Therapy

What is ABA Therapy? Usually known as Applied Behavioral Analysis. It is recognized as a Best Practice Intervention for children who learn better in a controlled setting. Our goal is to create an internally motivating desire for your child to learn and progress. We do this through tried and true techniques involving positive reinforcement. Some benefits include increased awareness of others, increased social engagement and eye contact, stronger receptive and expressive language skills, overcoming negative behaviors, help with any task that is overwhelming or difficult.

Bridges highly qualified and experienced staff will run low cost ABA classes at our center this summer. To learn more and see if this might be beneficial for your child, contact Laurie Bowen at 801-616-5800.



Ten Ways to Help Kids On The Move!

It truly takes a community to raise a child. To keep KOTM moving, we need your help. Here are a few ways you can help us further our mission to support the development of young children and families in our community!

Make a Cash Donation. The quickest and easiest way to give is at kidsonthemove.org. Click on "Donate Now."

Sponsor a KOTM Program or Event. Ask your employer to make a corporate gift to sponsor a program or special event.

Donate "In-Kind" Materials or Services. We welcome donations of all kinds including professional services, office supplies, office equipment, etc.

Include KOTM in Your Will. Bequests are the easiest and most common form of "planned giving." A bequest to KOTM is simple!

Participate in a KOTM Signature Fundraiser Event. Recruit a team for our annual Corporate Sports Challenge or Golf Tournament.

Hold a Fundraiser. Put on your own fundraiser and donate the proceeds to KOTM.

Get People to Sponsor You. Take part in a marathon, triathlon, 5K, etc. and get people to sponsor you and donate the proceeds to KOTM.

Recycling. Collect recyclable paper, cardboard, magazines and drop them off at the recycling bin at our office in Orem. Collect used printer/copier cartridges and cell phones and turn them into our office.

United Way or Employee Giving Campaign. Start a charitable giving payroll deduction plan at work like a United Way campaign which benefits many charities, including KOTM.

Volunteer/Scout Projects. Volunteer your time or do your Eagle Scout project at KOTM.

For any questions about how you can help us please contact Scott Snow at 801-616-5803 or SSnow@kotm.org.

activities and parent classes

Bridges Parent University Classes

May 4th

6:30pm

Summer Survival Tips for Moms: In honor of Mother's Day, we will offer collected tips that have helped mom's in the past as a way to ease into the less structured season that occurs when school ends. This Parent University will include suggestions for summer activities as well as a list of places to go for simple needs like a hair cut or gluten free restaurants.

June 1st

6:30pm

Introduction to Autism: During this class we will take an in-depth look at what is involved in a diagnosis for autism and related disorders, go over the phases that accompany living with autism for a family and child, and provide access to helpful resources for the journey.

July 6th

6:30pm

Introduction to Evidenced Based Interventions for Autism: This class will expose parents to the wide array of current interventions available to families and children with autism. We will show examples of each through videos and hand-outs and provide community program contact information for the different types of therapies available.

Autism Support Group

May 4th, June 1st, July 6th

7:30 pm

This support group meets monthly and allows parents to see how autism has affected the lives of others and provide a sense of hope to those that may be discouraged in regards to their child's future. If you would like to be on the Autism Support Group email list, email KFairchild@kotm.org.

**Call ahead for free child care.*

Depression Recovery Program

May 11th-July 6th

7:00 pm

Developed by Dr. Neil Nedley, this seminar is being offered to families who have children enrolled at KOTM. Tuition will be waived for KOTM families, but there is a required \$25 charge for the companion workbook. Check with your program if you need help with the cost of the book. Contact Cassandra Casey, 801-221-9930 ext 122 or ccasey@kotm.org.

Floortime II

May 3, June 7th, 14th, 21st

6:00-7:30 pm

This series are for parents to learn how to enhance communication between parent and child through play and social interaction with an emphasis in problem solving and complex communication strategies. Contact your provider for more info and please commit to attending all three classes.

**Call ahead for free child care.*

SUMMER IS A GREAT TIME TO VOLUNTEER!

If you have some free time on your hands, give us a call and come volunteer.

We need volunteers most evening and also some days.

Small groups are welcome.

Please contact Kathy at: 801-221-9930
Kleedom@kotm.org for a schedule.



Great Beginnings

May 10th, 17th, 24th

7:00-8:30 pm

June 3rd, 10th, 17th

11:30 am-1:00 pm

Great Beginnings is a three week course for parents on communication, hearing, language development and how to incorporate these skills into daily routines at home. All parents of children enrolled at KOTM are strongly encouraged to attend. **Call ahead for free child care.*

Hearing Screenings

May 16th, June 20th

10:30 am-noon

LEHI OFFICE: May 17th, June 21st

10:30 am-noon

It is recommended that all children enrolled in services at KOTM have an annual hearing screen, unless the child is being attended to by a physician for specific concerns about hearing. No appointment is necessary—just drop in during the hours listed.

Grandfamilies Class

Next set of classes starts May 10th

6:30-8:00 pm

This ten week course is to help grandparents (or other adults) who are raising grandchildren, nieces and nephews, etc. The class meets weekly and is for the entire family, and includes a meal. Children under 5 go to free child care, children 6 and older have their own class, and the adults have a class as well. The classes are a series of educational seminars that help the grandfamilies with a variety of issues – including setting boundaries with children, legal ramifications and protections (guardianship), etc. They can also offer assistance in navigating the social service system to find resources and take care of legal issues. For more information contact the Grandfamilies Director Sarah Williams, at Sarahw@wasatch.org or 801-373-5765 or 801-592-0316.

Smoking Cessation

Starting Soon— Call Heather to Register!!

This class is open to the public and is a research based protocol from the American Lung Association. The course will meet for two hours once a week for eight weeks. The cost for the class is \$25. For more information call Heather Hadfield 801-221-9930 ex 118.

Sibshops

June 11th, July 9th 10:00 am—12:30 pm

A fun monthly activity for kids ages 7-13 who are typically developing siblings of children with special needs, meets on the second Saturday of each month. The cost of \$5 per child includes all materials and light lunch. Families with children currently enrolled may have the fee waived — check with your service provider. Call Jessica at 801-221-9930 ext. 156 with questions.

Discovery Groups

An opportunity for Early Head Start parents to spend time with their children through play experiences. The evening is held on Wednesday night and begins with a family meal; the children have supervised child care while parents get together for a discussion of their choice, then ends with a joint activity. Contact your Family Educator for information.

Infant Massage

May 10th, July 13 9:30-11:00 am

A one-time class which helps promote relaxation, increases circulation, promotes attachment and bonding between caregiver and child. This class is taught by Christina Judd 801-221-9930 ext. 149 or cjudd@kotm.org.

**Call ahead for free child care.*

Strengthening Marriage Class

June 7th-July 19th 6:30-8:30 pm

This six week course gives tools to increase marital satisfaction, deal with the stress that comes with kids; keep dads involved with childcare and co-parent effectively; and improve the quality of parent-infant interaction. Call Karen 801-221-9930 ext. 160 if you have any questions. **Call ahead for free child care.*

Positive Discipline with Love, Limits and Latitude

July 12th, 19th and 26th 7:00-8:30 pm

A three week series class to help parents develop skills to manage their young child's difficult behaviors. Linda Stanton and Jenna Measom will be teaching specific strategies that will help families solve problem behaviors in a positive way. **Call ahead for free child care.*

EHS Policy Council & Parent Committee Meetings

May 4th, June 1st, July 6th 5:30-7:30 pm

Parent committee includes all parents in Early Head Start. They plan future activities and review past events. The Policy Council is the EHS governing body made of up members who are elected twice a year at the "Baby Buck" Auctions.

****CHILD CARE IS AVAILABLE!***

Space is limited so call Kathy at 801-221-9930.

Library Corner:

The library is always adding new books to our collection. Check our internet page for some of the latest listings or come in and browse. Have you borrowed a toy from the toy lending library? Two toys may go out at a time and the check out time is for 3 weeks, same as for the books. This is a great way to introduce new toys to your child without the expense of buying them. Come in and look at the great selection.

Stepfamilies and Remarriage Class

April 28th-June 2nd 5:30-8:00 pm

Free six-week course for married and non-married couples with stepchildren. Participants can expect to increase their knowledge in: financial issues, step-parenting skills, child/adolescent development, and helping children adjust, among other topics. Dinner is included. The whole family attends, with separate classes for kids by age group. Call now to reserve your spot for the next six-week course. Call 801-221-9930 ext. 165, ask for Jeane (pronounced jee-AH-nee).

FACT (Fathers and Children Together)

A group of fathers that plan activities together to interact with other fathers in the Early Head Start program as well as provide opportunities for fathers and their children to interact together. Contact Dan at ddangelo@kotm.org for the scheduled activities.

Kida Relay Endurance Event

A KOTM alumni family sponsors the Kida Relay each year to benefit KOTM. This year it will include a children's race too. This event will be held on May 14th. Check it out at kidarelay.com.





Do Eagles Nest at Kids On The Move?

Last year, Kids On The Move helped 25 Eagles take flight – Eagle Scouts, that is! That is the number of Eagle projects completed at KOTM in the last 13 months. We have an additional 33 scouts who are currently working on Eagle projects at KOTM.

We know that before the Eagle project is completed, the Scout devotes many hours of hard work toward achieving this prestigious milestone. We so appreciate the fact that they have selected Kids On The Move to be the beneficiary of their final projects. Projects vary widely, from sheet rocking walls to installing shelves, from making toys to running a large activity for hundreds of clients. Each project has been valuable in itself, but the aggregate impact of the many, many projects over the years is truly astounding.

Not only does Kids On The Move take pride in what our Eagles accomplish, but our entire region soars above the nation! There are 394 Scout Councils in the United States. Last year about 56,000 Scouts achieved the Eagle rank. That would be an average of 142 eagles per council. However, the local National Parks Council had 2,783 Eagles granted last year. We marvel, with you, at what a great community we live in!

Helen A. Chamberlain



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what's happening at a glance



May and June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MAY 1	2	3 Floortime II Grandfamilies	4 Policy Council Parent University Autism Support	5 Stepfamilies & Remarriage	6	7
8	9	10 Great Beginnings Grandfamilies Infant Massage	11 Nedley Depression	12 Stepfamilies & Remarriage	13	14 Kida Relay Sibshops
15	16 Hearing Screening	17 Great Beginnings Hearing Screening Grandfamilies Hearing Screening-LEHI	18 Nedley Depression	19 Stepfamilies & Remarriage	20	21 Women of Steel Triathlon United Angels— Walk With Angels
22	23	24 Great Beginnings Grandfamilies	25 Nedley Depression	26 Stepfamilies & Remarriage	27	28
29	30	31 Grandfamilies	JUNE 1 Policy Council Parent University Autism Support Nedley Depression	2 Stepfamilies & Remarriage	3 Great Beginnings	4 Policy Council
5	6	7 Floortime II Grandfamilies Strengthening Marriage	8 Nedley Depression	9	10 Sports Challenge Great Beginnings	11 Sibshops
12	13	14 Floortime II Grandfamilies Strengthening Marriage	15 Nedley Depression	16	17 Great Beginnings	18 Current Family Swim Party
19	20 Hearing Screening	21 Floortime II Hearing Screening-LEHI Grandfamilies Strengthening Marriage	22 Nedley Depression	23	24	25
26	27	28 Grandfamilies	29	30		
KIDS ON THE MOVE IS CLOSED!						

6th Annual Kids on the Move Corporate Sports Challenge

Friday, June 10th

7:30am to 3:00pm



Bring a Team to our Sixth Annual Corporate Sports Challenge

Our annual Corporate Sports Challenge will be held on Friday, June 10th at UVU. This has become an annual tradition for the business community, and helps raise awareness for Kids On The Move.

The Sports Challenge brings businesses together to compete in a variety of different sporting events including: tug-of-war, dodge ball, basketball, soccer, and football events. Kids On The Move is currently recruiting teams, volunteers, and sponsors. If you or anyone you know would be interested in bringing a team, playing on a networking team with other business leaders, or volunteering at the event, please contact Scott Snow for more information: 801-221-9930, x 103 or ssnow@kotm.org.

Families who have been served by Kids On The Move are especially asked to help with this event as volunteers, to recruit teams from businesses they frequent, to form a team of KOTM parents to compete in the events, etc. Please let us know if you can help!



REGISTRATION DEADLINE: May 20, 2011

REGISTER AT: www.kidsonthemove.org

or contact:

Scott Snow at 801.616.5803 ssnow@kotm.org www.kidsonthemove.org